



We Serve

**Preparing for Diabetes Screening Awareness Event
Lions Clubs International
District 26-M5**

1. Date of Event
2. Location of Event
3. Remind participants to have two hours of fasting before event
4. Registered Nurse contacted/confirmed/directions to event
5. Contact District Diabetes Chairperson, Lion Ron Ballard and pick up testing supplies.
Lion Ron can be reached at ronald.ballard@ymail.com or 816.204.0324.
6. Supplies needed
 - a. Gloves
 - b. Alcohol Wipes
 - c. Band-Aids
 - d. One time pricks
 - e. Blood Glucose Tester
 - f. Test strips
 - g. Sharps container
 - h. Log for participants to sign in
 - i. Handouts from LCI website
7. Arrive early/Set up/Begin screening before meeting starts
8. Meeting agenda
 - a. Introduce Lions involvement with Diabetes
 - b. Share a short story about an individual who did not know they had diabetes and the results
 - c. District Governor's Goal - test own club and other clubs in district to bring awareness to Diabetes. Test 120 Lions in District 26-M5 in year 2017-2018.
 - d. Registered Nurse
 - i. What is diabetes?
 - ii. How do we control it?
 - iii. What part do diet and exercise play in it?
 - iv. Share what numbers we are looking for
 1. Above 80
 2. Two (2) hours after a meal 140 or below
 3. Above 180 recheck if continues then consult physician. Have A1C completed.
 - e. Distribute handouts to participants from Lions Clubs International Website
 - f. Thank Registered Nurse for coming
 - g. Questions???
9. Send copy of log to District Diabetes Chairperson, Lion Ron Ballard.
10. Diabetes Chairperson submits report of screening/awareness events to District Governor